



Connect to Work

Finding it hard to get into or stay in a job?

If you have a **disability, long-term health condition or complex non-health barrier** which has made getting into and staying in employment difficult, **Connect to Work** could help you.

How can Connect to Work support you? ▾

An employment specialist will work with you in:



Am I eligible? ▾

- You must be **over 18 in England, (over 16 in Wales)** and entitled to live and work in the UK.
- You **do not need to** be on any type of benefit and it's completely voluntary.
- You must be **motivated to work**.



TO FIND OUT MORE and begin your journey, contact your Local Authority.