

Independent Travel  
Training Service

# Easy Read Information leaflet

Giving Adults the skills and  
confidence to travel safely  
on their own across  
Cheshire West and Chester.

Independent **Travel** Training



Cheshire West  
and Chester

# What is Travel Training?



**Travel training teaches adults the skills and confidence to travel on their own.**

People can learn to travel on a planned route. Somewhere they want to be able to go on their own without support.



It could be from home to work or to day services. They learn to make the journey at the time they will need to.

## **Who delivers the training?**

We have a team of travel trainers who are all



- fully trained and qualified
- experienced at working with people who have additional needs
- police checked with an Enhanced DBS certificate



DBS means Disclosure and Barring Service. The DBS certificate includes police checks and comes from the government.



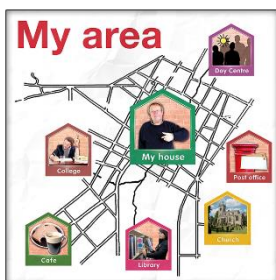
A team leader manages the trainers and makes sure they follow our set of rules.



## Who can get Training?

People who

- are ready to do it and want to be travel trained
- get help from the council with travel
- live somewhere with public transport to where they want to go



## How is the Training done?

**1. A first meeting for the person, their family or carers and the trainers.**

To check that travel training can make the persons chosen journey possible in a safe way.

Everyone will be kept updated through the whole training.

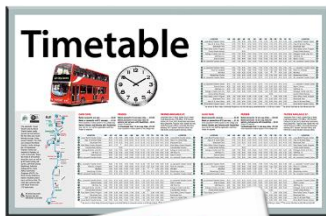


**2. Making a training plan together**

The same trainer will be with the person for all their training. So they can get to know their skills and needs and how to support them well.

The person and their family or carers will get feedback often about how the training is going.





The training plan is made to teach what the person needs.

It could be

- Telling the time
- Using a phone to look at timetables
- Planning the journey
- Buying tickets
- Staying Safe
- What to do if things go wrong



### 3. Training Sessions

Training might start with talking about the journey if the person is not confident.

Training might start at a quieter time if their planned journey is at a busy time. As the person gets more confident they will learn to travel at the busier time.



On the first training session the trainer will be with the person the whole journey.

When the person is ready they start doing some of the journey on their own. And have a plan for where the trainer meets them later in the journey. So they learn the journey bit by bit.



People usually learn to make the whole journey themselves in about 6 to 8 weeks. On days when there is no travel training, the person will travel to work or day services how they usually do.



## When does the Training finish?



When the Travel Trainer, Team Leader and the person are all confident that the person is ready to travel on their own without support. The person will then be given a travel pass so they can use public transport to travel to work or day services on their own without support from staff.



## Benefits of Travel Training



Adults who can travel on their own can then get to more places for work or to enjoy themselves. It helps to build confidence and the skills to do more without support.

### **More information**



Referrals for travel training should be discussed with the adult's key worker or allocated social worker.

For further information, please contact:  
Independent Travel Training Team,  
Cheshire West and Chester Council.



**Email:** [traveltraining@cheshirewestandchester.gov.uk](mailto:traveltraining@cheshirewestandchester.gov.uk)

**Phone:** 0300 123 7039



**Peoples Choice Group** members helped to make this leaflet. [www.peopleschoicetgroup.co.uk](http://www.peopleschoicetgroup.co.uk)