



November/December 2025

Course	Duration	Day	Time
Weekly IT and digital skills			
Digital Skills for Life	10 September (12 weeks)	Wednesday	9.15-11.45am
Digital Functional Skills	10 September (12 weeks)	Wednesday	12.15-3.15pm
Essential Digital Skills Qualification (EDSQ)	11 September (12 weeks)	Thursday	9.15am-11.15am
ICDL	Weekly from 11 September	Thursday	12.15-2.45pm
November/December Courses			
Art and Mindfulness	7 November	Friday	9.30-11.30am OR 12.30-2.30pm
Art and Mindfulness	14 November	Friday	9.30-11.30am OR 12.30-2.30pm
Step Into Residential Care (Level 2)	18 November-11 December (8 sessions)	Tuesday and Friday	9.30am-3.30pm
Health and Wellbeing (Entry Level 3)	19, 20, 26, 27 November (4 sessions)	Wednesday and Thursday	9.30am-2.30pm
Art and Mindfulness	21 November	Friday	9.30-11.30am OR 12.30-2.30pm
Art and Mindfulness	28 November	Friday	9.30-11.30am OR 12.30-2.30pm
Benefits Of Volunteering	5 December	Friday	9.30am-2.30pm
Interview Skills	12 December	Friday	9.20am-2.30pm
Managing Household Finances	18 December	Thursday	9.20am-2.30pm
L2 Business Administration	Enrolling for January 2026	To be confirmed	To be confirmed
Level 2 Teaching Assistant	Enrolling for September 2026	To be confirmed	To be confirmed



Overview of available courses (subject to interest)

Steps To Work (Hub registration)	Registration at a Skills and Employment Hub. The session looks at your skills, knowledge and employment history to develop an action plan for your future.
Digital Skills For Life (Entry Level 3 and Level 1)	This is a course designed to support learners using digital skills in everyday life. The focus is on skills outside of work, so learners can carry out everyday personal and household tasks.
Digital Functional Skills (Entry 3 and Level 1)	This course covers using devices, managing information, communicating online and solving digital problems. Useful for adults who need foundational digital knowledge.
International Certification of Digital Literacy (ICDL): Word and Excel (Levels 1 and 2)	ICDL is an essential qualification covering the main elements of word processing and spreadsheets: creating, formatting, editing and saving files. Progression to Level 2.
Maths Functional Skills Qualification (Accredited – Entry 3; Levels 1 and 2)	This qualification provides you with the knowledge, skills and understanding to operate confidently and independently with numeracy in everyday life and work.
Maths Award (Accredited – Entry levels 1, 2 and 3)	This course will increase confidence with everyday maths. You will work through a portfolio of skills to gain the qualification. Units covered underpin the functional skills award.
English Functional Skills Qualification (Accredited – all levels)	This course will give you the essential knowledge, skills and understanding to feel confident in the workplace.
English Award (Accredited – Entry levels 1, 2 and 3)	This course will increase confidence with everyday English. You will work through a portfolio to gain the qualification. Units covered underpin the functional skills award.
Interview Skills (open to all)	You will identify a short-term career goal and complete preparation work for interviews. The course includes a mock interview with feedback.
Award in Customer Services (Entry 3, Level 1 and Level 2)	These courses look at what makes good and bad customer service. You will learn how to interact with customers and deal with complaints.
Food Safety (Level 2)	This course provides basic food Hygiene training. On completing the final exam you will gain an accredited Level 2 Food safety certificate.
Business Administration (Level 1 and Level 2)	This course develops skills for an office or environment, covering all aspects of business communication and digital skill required. Level 2 develops these skills further.
First Aid (Level 3)	This course covers resuscitation (adults, children and babies), the recovery position, choking and how to locate and use an automated external defibrillator.
Award in Child Development (Level 1 and Level 2)	Aimed at those interested in early years childcare. You will learn about children's learning and development. The course includes an introduction to special educational needs.
Health and Wellbeing (Entry 3 and Level 1)	The course covers the importance of diet and activity for a healthier lifestyle. You will have the opportunity to achieve an Award in Living and Work Skills.
Teaching Assistant Qualification (Level 2) <i>Enquire for 26/27 enrolment</i>	Study through face to face workshops alongside your paid or voluntary role in a school setting. Must have GCSEs A-C in English and maths (or assessed at Level 2).
Skills for Logistics (Level 1)	Examining available opportunities in the sector and the way employment is structured. Develops understanding of how goods are picked, assembled, packed and distributed.
Fork Lift Truck Counterbalance and Reach (Level 2)	During this six day course you will be trained to use Fork Lift Trucks and on completion you will receive certification.
Introduction To Construction CSCS (Level 2)	This three day course provides an overview of the industry and covers Health and Safety procedures. Passport photo or photo ID needed for your online test application.