Information and Advice

Incorporating Careers and Education Guidance (IAG/CEG)

We offer FREE, confidential and impartial support for all learners.

Guidance can be given face to face, online or on the telephone.

- National Careers Service
- Assistance with looking for work
- Identification of suitable training or courses
- Funding opportunities for learning
- Help with overcoming barriers to learning or work
- Help with creating SMART targets (Specific, Measurable, Achievable, Realistic, Timely)

- CV and cover letter advice
- Interview tips and support
- Information about Employment Support projects, including Supported Employment
- Volunteering opportunities
- Access to Skills and Employment Hub support
- Signposting to relevant specialist services

