

## **Key resources for adopting a 'think family' approach to tackling domestic violence and abuse**

**[www.cheshirewestandchester.gov.uk/domestic-abuse](http://www.cheshirewestandchester.gov.uk/domestic-abuse)**

Local domestic abuse partnership publicity

**MARAC** (Multi-agency Risk Assessment Conferences) - the MARAC referral form and the **DASH** (Domestic Abuse, Stalking and Harassment) Risk Indicator Checklist can be found on the MARAC page on the above website. To obtain the Young People's Risk Assessment tool please contact the DAFSU below.

### **Domestic Abuse Family Safety Unit (DAFSU)**

Cheshire West and Chester      0300 123 7047 Option 2

Cheshire East                      01606 363531

**[www.safelives.org.uk](http://www.safelives.org.uk)** - Safelives website is an essential resource for all professionals working with those who experience DVA (Domestic Violence and Abuse) and their families. See the 'Knowledge Hub' tab for toolkits, guidance, information on Multi-Agency Risk Assessment Conferencing and Independent Domestic Violence Advocates. You can download a 'Family Intervention Project Toolkit' and a 'Safety Plan for young people experiencing relationship abuse'.

**[www.cmoptions.org](http://www.cmoptions.org)** - Child Maintenance Options is a completely confidential service. No information given, either on the phone or online, will be passed on to any other person or organisation (unless specifically requested). This includes the other parent and any other family members. They can also be contacted on 0800 988 0988 from 8am to 8pm Monday to Friday, and from 9am to 4pm on Saturday.

### **[www.avaproject.org.uk](http://www.avaproject.org.uk)**

Department of Health practical toolkit for front-line practitioners 'Improving Safety, Reducing Harm: Children, Young People and Domestic Violence'

### **[www.gov.uk/female-genital-mutilation-help-advice](http://www.gov.uk/female-genital-mutilation-help-advice)**

Female Genital Mutilation guidance and resource pack

### **[www.galop.org.uk](http://www.galop.org.uk)**

Lesbian, Gay, Bisexual, Transgender individuals who are experiencing DVA

**[www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)**: Rape Crisis

**[www.gov.uk/forced-marriage](http://www.gov.uk/forced-marriage)**: Honour Based Violence and Forced Marriage

**[www.mensadvice.org.uk](http://www.mensadvice.org.uk)**: Advice for men

### **[www.respectphoneline.org.uk](http://www.respectphoneline.org.uk)**

A confidential and anonymous helpline for anyone concerned about their violence and or abuse towards a partner or ex-partner

### **[www.resolution.org.uk/domesticabuse](http://www.resolution.org.uk/domesticabuse)**

Specialist Domestic Abuse Accredited Solicitors

### **[www.gov.uk/government/publications/working-together-to-safeguard-children-2](http://www.gov.uk/government/publications/working-together-to-safeguard-children-2)**

Link to 'Working Together to Safeguarding Children 2015', a guide to inter-agency working to safeguard and promote the welfare of children

**[www.thehideout.org.uk](http://www.thehideout.org.uk)** - The Hideout provides help, information and support for children and young people affected by domestic abuse. It includes advice sections, hotline contact numbers and resources such as 'Helping Hands' a menu style pack for working with primary aged children.

**[www.actonitnow.co.uk](http://www.actonitnow.co.uk)**- Produced by Cheshire Without Abuse and aimed at teenagers who are experiencing difficulties in their personal relationships. There is help, advice, information and resources for young people, parents, carers and professionals.

**[www.disrespectnobody.co.uk](http://www.disrespectnobody.co.uk)** - Healthy relationships are all about respecting each other, and 'Disrespecting Nobody'. Find out more about the signs of relationship abuse.

**[www.womensaid.org.uk](http://www.womensaid.org.uk)** - Women's Aid Federation England survivors handbook, safety planning, directory of services, interactive site for children and young people, policy, information available in 11 languages. Also available is the 'Children's Welcome Pack 2011' a resource for refuge/children's workers to use with children/young people who have experienced Domestic Violence and Abuse. It is split into three separate age specific packs acknowledging the differing experiences of children and young people. See also the Women's Aid Education Toolkit 'Expect Respect'.

**Talking To My Mum ISBN: 9781843104223 (Authors: C Humphreys, R Thiara, A Skamballis and A Mullender)**

Picture Workbook for workers, parents and children affected by DVA and Activity Pack for 5–8-year-olds whose families have experienced domestic abuse. These focus on helping and encouraging children to open up to their parents about their distressing experiences.

**Talking About Domestic Abuse: ISBN: 9781843104230** - Photo Activity Workbook to Develop Communication between Parents and Young People - for children and young people of 9 years and above.

**[www.nehantsdvf.co.uk](http://www.nehantsdvf.co.uk)**

Talking to children about domestic violence and abuse

**[www.worriedneed2talk.org.uk](http://www.worriedneed2talk.org.uk) and [www.childline.org.uk](http://www.childline.org.uk)**

Childline and NSPCC site for young people

**[www.familylives.org.uk](http://www.familylives.org.uk)**

Child to Parent Abuse resource for professionals

**[www.gov.uk](http://www.gov.uk)** Information guide for adolescent to parent violence and abuse (APVA)

**[www.talktofrank.com](http://www.talktofrank.com)** Frank for Drugs advice

**[www.mywell-being.org.uk](http://www.mywell-being.org.uk)** Aged 5–19 Health and Wellbeing Service – Online team provides support for children and young people experiencing a range of issues including relationships, moving to secondary school, self-harm, low mood and depression.

**[www.nshn.co.uk](http://www.nshn.co.uk) and [www.selfharm.co.uk](http://www.selfharm.co.uk)** Self-harm issues

**[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)**

Cyber Abuse - Child Exploitation Online Protection site for young people

**[www.digital-trust.org](http://www.digital-trust.org)**

DIGITAL TRUST - helping people experiencing digital abuse, stalking, domestic abuse, hate crime, harassment, bullying and provides advice on improving privacy.