



Cheshire West & Chester Council

Domestic abuse

open access groups

Open access groups for women affected by domestic abuse run weekly at venues in Chester, Ellesmere Port and Winsford.

Groups are supported by qualified Independent Domestic Violence Advocate's who can offer confidential advice and support to women relating to a range of subjects surrounding domestic abuse.

The groups are somewhere for women affected by domestic abuse to go to:

- seek advice
- interact with others
- share experiences
- allow their voice to be heard
- enjoy refreshments and social sessions such as arts and crafts, beauty and wellness.

For information on male support groups, visit: www.cheshirewestandchester.gov.uk/openaccessgroups or call the Domestic Abuse Intervention and Prevention Service on **0300 123 7047 option 2.**

Sessions run on a weekly basis, with potential for change on bank holidays and during the school holidays. No need to book, just drop in.

For further information and dates visit: www.cheshirewestandchester.gov.uk/openaccessgroups.

If you, or someone you know is in a relationship that doesn't quite feel right, speak to someone about it.

You can get help and advice and access self-support services at: openthedoorcheshire.org.uk or call: **0300 123 7047, option 2.**