

Readiness For Physical Activity Part 2 – Risk Assessment

Most recent update: 02 April 2025

For all conditions listed on *Readiness For Physical Activity Part 1 – Health Check Questionnaire*, tutor/supervisor to complete the following risk assessment in negotiation with the participant.

Health consideration	Control measures to be put in place	Action by whom?	Action by when?	Date completed

Signed _____ Position _____ Date _____

Checked by _____ Position _____ Date _____