

# Council Housing Management Service

## Wellbeing Service

The Council help tenants, over the age of 18 improve their daily life by offering social emotional and practical guidance, tailored to the individual.

**We provide support around four key themes**



### **A healthy mind and body**

Keeping active and providing counselling support for low mental health



### **A comfortable and safe home**

Managing a home and living independently



### **Financial wellbeing**

Money advice and budget



### **Tenancy support**

Accessing training and volunteering opportunities



# How does it work?

## Staff member

A Council staff member or a partner can refer you, you will then be contacted by a member of the team.

## Self-referral

You can contact us directly, or a referral can be made.

## Contact

Our wellbeing team will call you to discuss your support needs.

## Support

Together you will plan the support you will receive.

## Complete support

We will continue to support you, without any time limit, until your support is complete.

Contact us on  
tel: **0300 123 7724**

### Accessing Cheshire West and Chester Council information and services

Council information is also available in audio, Braille, large print or other formats. If you would like information in another format or language, including British Sign Language, please email us at: [equalities@cheshirewestandchester.gov.uk](mailto:equalities@cheshirewestandchester.gov.uk)

You can also telephone: **0300 123 8 123**  
or textphone: **18001 0300 123 8 123**  
website: [www.cheshirewestandchester.gov.uk](http://www.cheshirewestandchester.gov.uk)