



Triumph
Together

Participation Pack

for Young People

What is Triumph Together?

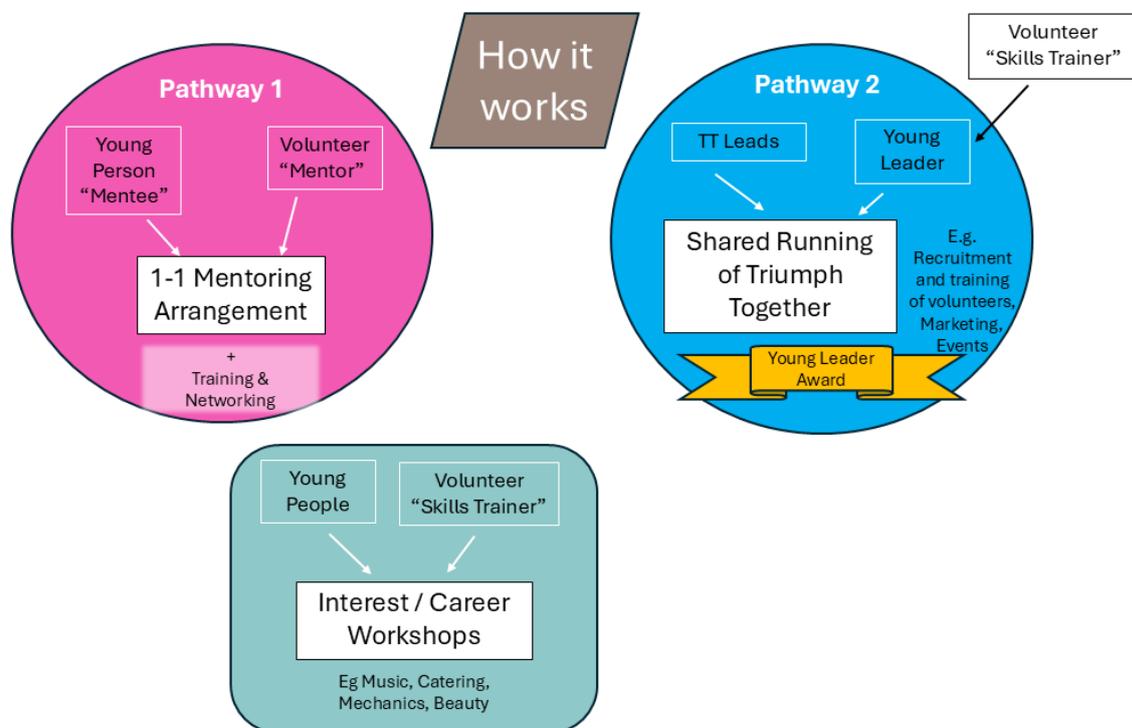
It is a project that connects young people aged 15-24 years old with the community to help build confidence, connection and opportunities for children in care and care leavers.

You can get involved in two main ways:

Pathway 1: Having a mentor to encourage and support you

Pathway 2: Being a young leader; helping with the project, gaining experience and skills

Additionally, there are opportunities to attend skills-based workshops in small groups to develop your interests.



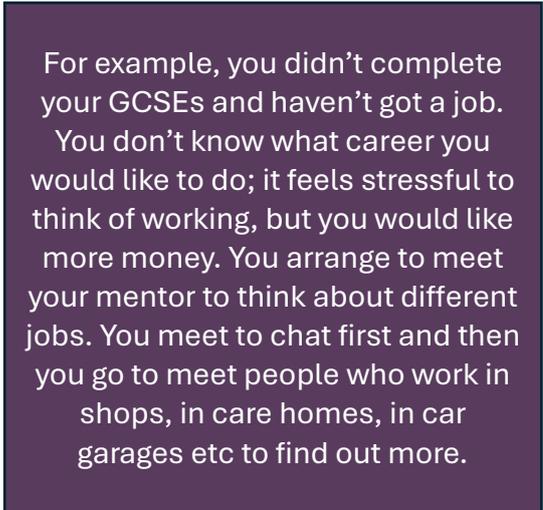
Some Examples of what it involves:

Pathway 1: If you choose to get involved with Triumph Together as a mentee, ie having a mentor:

- You would let us know your main goals and what you want from a mentor
- You would do a brief one page profile about yourself for the volunteer, and to help matching.
- You would be matched with a mentor
- You would have a conversation with the mentor, and your social worker or PA if you wish to agree the goals and how meeting up and being in touch will work best.
- You will have 1-1 support from your mentor. You might do activities related to your shared interests or your goals. You might chat while going for a walk or in a café. They might introduce you to people and places to progress your career.
- You will give feedback to the Triumph Together project manager every couple of months.
- As it is a pilot project, we hope you will also be willing to share how it has been going and your ideas for improvements.



For example, you feel anxious leaving the house. You used to like walking and art but you mostly watch TV, Instagram posts and podcasts. You agree to meet once a fortnight to go for a walk and visit art exhibitions and possible



For example, you didn't complete your GCSEs and haven't got a job. You don't know what career you would like to do; it feels stressful to think of working, but you would like more money. You arrange to meet your mentor to think about different jobs. You meet to chat first and then you go to meet people who work in shops, in care homes, in car garages etc to find out more.

Or if you want to get involved in small group workshops, you could join one of our mini-project groups:

- a) Catering – do some learning sessions on how to prepare a meal for guests, and plan to be the caterers for a community event.
- b) Music – choose from some workshops on singing, composing songs, rapping, guitar lessons; plan to do an entertainment piece at a community event
- c) Home cooking – learn some basics for healthy and cheap easy meals for yourself at home.
- d) Mechanics – spend an afternoon looking at how motorbikes work and what is involved in their maintenance

Give your own ideas for the groups you would like us to create.

Pathway 2: If you choose to get involved with Triumph Together as a young leader:

- You would choose from different options to get involved, For example:
 - ✚ Interviewing potential volunteer mentors
 - ✚ Being at the training of volunteer mentors, helping them understand the role and how best to help young people.
 - ✚ Videoing people about their involvement in Triumph Together for our publicity
 - ✚ Designing marketing ideas
 - ✚ Visiting community groups, businesses etc to tell them about the project
 - ✚ Helping to organise volunteer training and get-togethers: venue, timing, refreshments
- You would work alongside someone else within Triumph Together
- You could take up some skills training for your leadership skills such as in communication, giving a presentation, flyer-design, creating powerpoint presentations, video-editing, skilled interviewing
- You would be paid £20 per half day of direct delivery on the project.
- You can work towards the Triumph Together Young Leader Award, choosing from the many options of ways to be involved.

For example, you might work with Amy on putting out a social media post on the project after it has been running for 6 months. You might make an audio recording of what the project is.

For example, you might agree to come along to a couple of the training sessions for volunteers, e.g. 2 evenings 1830 – 2030.

And/or you might agree to meet potential volunteers and ask them how they see the role, giving your opinion on if they are suitable.

For example, you might agree to email or ring venues (church halls, Storyhouse etc) to book a place for volunteer training or a social event and you could help plan we know who is bringing what.

You may want to help work with Chester university on evaluating the project's first pilot year.

How to get involved:

Complete an interest form, saying what your goals are and how you would like to be involved.

There will be a link on our Care Leaver Offer pages of the Council website [News, Resources and Opportunities | Cheshire West and Chester Council](#)

You can also email us on TriumphTogether@cheshirewestandchester.gov.uk

What information would be held about me and where?

If you get involved in Triumph Together:

- 1) Some basic information is held on the record system within Children's Social Care:
 - (i) that you are involved in Triumph Together and if you are a mentee a young leader or both.
 - (ii) If you finish being involved in Triumph Together
- 2) Some basic information is held in a secure Sharepoint site
 - (iii) If you have a mentor, they will make some simple notes each month about if you have met up, how often and if they think it is working well to support your goals. They won't write details of what you do and information you share. Of course, they will pass it on if they had a significant worry about your safety.

If any safeguarding concerns are raised for you, then these concerns would be shared with your social worker or PA and recording would be made on your social care record. The volunteer is expected to share with you their concerns and that they have passed them on.

Day to day elements of your involvement with Triumph Together, and the specific contents of conversations you have with the volunteer are not recorded on your social care record, unless you ask the volunteer to pass information on and they agree.

Please take a look at the YP Privacy Notice for more details about the information that will be held and shared.