

# West Cheshire Domestic Abuse Family Safety Unit

*Confidential Support*  
*For women or men who experience domestic abuse and  
stalking*

Are you now or have you recently experienced  
physical, emotional, sexual harm within a relationship or been  
stalked by a partner or ex-partner?

Has your partner or family member:-

- Called you names and made you feel bad about yourself?
- Made you afraid by threatening you or your children?
- Behaved violently towards you?
- Stopped you seeing your friends or family?
- Kept you without money?
- Followed you, phoned or texted you constantly?

**THESE BEHAVIOURS ARE ABUSIVE**

*Talk to a worker in confidence on*

# 01606 351375

Workers cover the whole of  
Cheshire West and Chester area

Monday to Friday 9.30am – 4.30pm or leave a message  
Or through your local refuge, Police, Health Centre or Social Services

National Domestic Violence Helpline: 24 Hour Freephone 0808 2000 247