

**↓ Factsheet**

Community Day Centres for Older People

Who we help and support

Community day centres support up to twelve frail, socially isolated older people over the age of 65 who are unable to access other community facilities.

What we do

The day centres are run in partnership with volunteers from each of the five communities. Volunteers run the day centres on a day-to-day basis. They offer companionship and support to day centre members. This enables members to continue to feel part of their community and helps aid their wellbeing.

Volunteers assist with transporting members to and from the day centres. As well as companionship they provide a freshly cooked lunch, shared activities and sometimes visits to local places of interest.

Our commitments

We provide:

- Companionship and support from people within your own community
- An opportunity to feel part of your local community
- Transport to and from the day centre
- A freshly cooked lunch
- Shared activities with other members and volunteers

Where you can find us

Saughall
Upton
Waverton
Handbridge
Farndon

Our team

Each community day centre has a team of specially recruited and supported volunteers who live within each of the local areas. Each day centre operates one day a week between the hours 10am and 3.30pm.

How to contact us

If you would like further information on Community Day Centres please contact the Placement and Carers Team on **0151 337 4581**

Accessing Cheshire West and Chester Council information and services

Council information is also available in Audio, Braille and Large Print formats. If you would like a copy in any of these formats or in another language, please email us at

equalities@cheshirewestandchester.gov.uk

We are also able to provide a British Sign Language (BSL) interpreter to support customers with accessing Council services.

Tel: 0300 123 8 123

Textphone: 01606 867 670

Email: equalities@cheshirewestandchester.gov.uk

Web: www.cheshirewestandchester.gov.uk